

Danielle Grosse

THE HEART OF A HELPER



Where Have All the Marthas Gone?

At first, you hoped she would return on her own. But even when she did—she was... different—noticeably changed. Her heart for service just wasn't there anymore.

Mary and Martha remind us to keep Jesus the focus in our hectic lives. Maybe you've dismissed Martha because Mary made the better choice. And yet—Martha loved Jesus, too. She put her boots on the ground. And then, when she became overwhelmed, she needed guidance to get back on track.

OUR CHURCHES ARE MISSING THEIR MARTHAS.



It's a struggle to find volunteers these days.



Isolation is the new trend.



Commitments change constantly.

During the pandemic, the world shut down. Helpers scrambled to learn a different way of living while fulfilling other's expectations for them—work, church, and family all needed something. As pandemic stress levels grew higher and higher, loved ones passed away, jobs changed, and friendships dissolved. Women valiantly tried to keep giving, to keep meeting everyone else's needs. But it wasn't sustainable.

Our Marthas shut down.

They quit raising their hands. They abandoned their routines.

They changed their priorities.



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The good news is: Many Marthas long to come home.

They need a new beginning...a do-over. Your Marthas long for compassionate leadership now more than ever. But where do you start?

In “Where Have All the Marthas Gone?”, you will learn to:

- Value Marthas for who they are—not just what they do.
- Recognize their desire for deep connections and help them find their place in your community.
- Validate their boundaries, knowing how hard it is for them to set limits without loads of guilt.
- Match helping opportunities with their talents and passions.

Let's Help Martha reclaim her life,
giving her time to sit at the feet of Jesus, too.



Danielle Grosse guides women suffering from Helper Exhaustion on a journey to Rejuvenation. Danielle's expertise provides church leaders with strategies to reach real women who still feel the effects of continuous over-extension. Through storytelling and Scripture, she gently leads them to Jesus for their identity and value as they journey back to their God-given calling.